

CARBON MONOXIDE: **THE DANGERS**

Petrol or diesel generators and pumps emit carbon monoxide (CO) within the exhaust gases.

This can be **deadly**.



CFOA
Chief Fire Officers
Association



**HAMPSHIRE
FIRE AND
RESCUE
SERVICE**

Do not use any fuel-driven equipment (petrol and diesel generators or pumps) indoors.

If in extreme circumstances this is not possible ensure the following:

- Working carbon monoxide (CO) detectors are placed in living spaces or wherever people are located in the house
- Your CO detector is positioned at head height when working (sat down or standing) and at a lower level when sleeping
- The room containing the pump or generator is well ventilated before you spend any time in that area



Carbon monoxide poisoning symptoms

A headache is the most common symptom of carbon monoxide poisoning. Other common symptoms include:

- Dizziness and nausea (feeling sick)
- Vomiting (being sick)
- Tiredness and confusion

Symptoms are similar to the flu, food poisoning, viral infections and tiredness. It can be easy to mistake the symptoms for something less serious.

If you experience symptoms or your CO alarm sounds:

- Get fresh air immediately
- Switch off the pump or generator, open doors and windows, and leave the house
- Seek medical advice immediately

For more information

visit bluewatch.co.uk/home

or hse.gov.uk/gas/domestic/co.htm

